



NEW JERSEY DIGESTIVE DISEASE ASSOCIATES

247 BRIDGE STREET, BUILDING G
METUCHEN, NJ, 08840

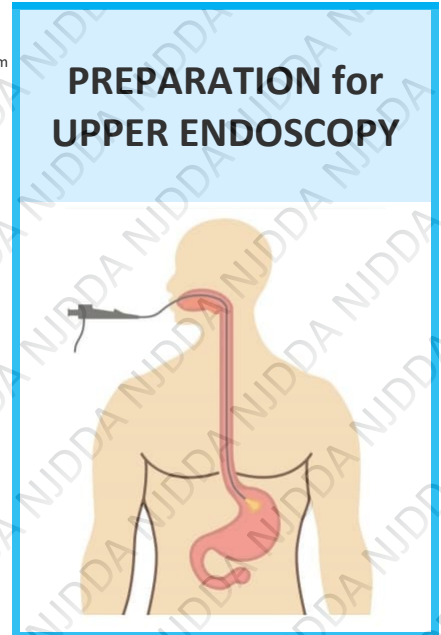
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FLORHAM PARK, NJ, 07932

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www.njdda.com Email: njddageneral@gmail.com

Last name	First name	Date	Time
Location:	METUCHEN OFFICE	FLORHAM PARK OFFICE	<small>Please follow the final instruction from office if there is adjustment of time</small>



At initial clinic visit

For patients who have following medical conditions, please discuss with your doctor at clinic visit prior to endoscopy and follow doctor's instructions:

- High blood pressure: please continue blood pressure medications as your routine schedule with sip of water on endoscopy day;
- Diabetes: reduce 1/2 dose of diabetic medication one day before endoscopy;
- Blood thinners: Stop blood thinning medications prior to endoscopy: such as coumadin, plavix, xarelto. Please discuss with your doctor;
- Oral iron supplement: stop iron supplement 4 days prior to endoscopy;
- Other conditions:

On the day of endoscopy

8 hours before endoscopy Stop eating solid food. Ok to drink water or clear liquid.

Any of the following **CLEAR LIQUID** are OK

Water	Juice without pulp	Limeade or Lemonade	Coffee or tea, No dairy or creamer	Chicken broth

2 hours before endoscopy Nothing by mouth

Note: DO NOT operate a vehicle after endoscopy. Please make sure to have someone take you home when you are fully recovered.

ON THE PROCEDURE DAY

Thank you for choosing New Jersey Digestive Disease Associates for your upcoming procedure.

- Please inform us if you have fever, cough, shortness of breath, or recent hospitalization. Your procedure may be rescheduled or canceled based on your symptoms;
- Please wear comfortable clothing. Face mask preferred. Please leave your valuable personal belongings at home;
- Please arrive at scheduled time. If you need to reschedule or cancel your appointment, please call 732-662-5115;
- Please wait in the waiting room after check in. We will bring you in the procedure room when it is your turn; We will call your ride to pick you up when you are ready to be discharged;
- We will make a follow up appointment for you 2 weeks after procedure. Doctor will discuss the results and treatment plan with you in details during the follow up appointment.