

COPYRIGHT©2024

NEW JERSEY DIGESTIVE DISEASE ASSOCIATES

247 BRIDGE STREET, BUILDING G METUCHEN, NJ,08840 29 COLUMBIA TURNPIKE, SUITE 202 FLORHAM PARK, NJ, 07932

TEL:732-662-5115

Juice \

without pulp

Water

Limeade or

Lemonade

FAX 732-362-4619

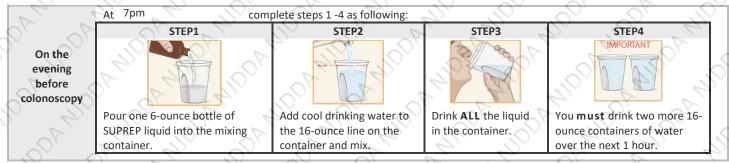
www.njdda.com Email: njddageneral@gmail.com

Gelatin without added

fruit or toppings

with alcohol

Last name	First name Date Time	20, 24, 97,
Location	METUCHEN OFFICE FLORHAM PARK OFFICE Please follow the final instruction from office if there is adjustment of time	
At initial clinic visit	For patients who have following medical conditions, please discuss with your doctor at clinic visit prior to colonoscopy and follow doctor's instructions:	PREPARATION for
	High blood pressure: please continue blood pressure medications as your routine schedule with sip of water on colonoscopy day	COLONOSCOPY (SUPREP)
	Diabetes: reduce 1/2 dose of diabetic medication one day before colonoscopy.	AND TON SO
	Blood thinners: Stop blood thinning medications prior to colonoscopy: such as coumadin, plavix, xarelto. Please discuss with your doctor	TO LE LA CHILL
	Oral iron supplement: stop iron supplement 4 days prior to colonoscopy Other conditions:	Pages to lear the cold lear to the cold learned lear to the cold lear to t
Days before colonoscopy	Get the bowel preparation medication from pharmacy: SUPREP	1 Special content of the content of
410° 08	You may have breakfast. You can ONLY have CLEAR LIQUID afterwards till 2 hours be	fore your colonoscopy.
	√ Any of the following CLEAR LIQUID are OK	× Do Not drink
One day before colonoscopy		Milk Anything with red or purple color Beverages



Coffee or tea, No

dairy or creamer

On the morning of colonoscopy

Repeat steps 1 -4 to finish the second bottle of SUPREP

Note: You must finish drinking the final glass of liquid at least <u>2 hours</u> before your colonoscopy. DO NOT operate a vehicle after colonoscopy. Please make sure to have someone to take you home when you are fully recovered.

Chicken

broth

ON THE PROCEDURE DAY

Thank you for choosing New Jersey Digestive Disease Associates for your upcoming procedure.

- Please inform us if your have fever, cough, shortness of breath, or recent hospitalization. Your procedure may be rescheduled or canceled based on your symptoms;
- Please wear comfortable clothing. Face mask preferred. Please leave your valuable personal belongings at home;
- Please arrive at scheduled time. If you need to reschedule or cancel your appointment, please call 732-662-5115;
- Please wait in the waiting room after check in. We will bring you in the procedure room when it is your turn; We will call your ride to pick you up when you are ready to be discharged;
- We will make a follow up appointment for you 2 weeks after procedure. Doctor will discuss the results and treatment plan with you in details during the follow up appointment.